

westcoastweekend

Super Dave fact: Cypress Springfest is on this Sunday at the Nordic area (cypressmountain.com).

Winter keeps coming



It was 7 a.m. when I received the call from a good friend saying the huge amount of rainfall overnight had created the perfect conditions on the local mountains.

Twenty minutes later I was in his truck forging up Cypress Mountain Road in a foot of new snow.

Although it was spring break, it seemed most of the kids had slept in as there was no one around.

We grabbed a ticket and proceeded to the Lions Express Chair. This high-speed quad expressed us to the top just as the clouds lifted and revealed a barren landscape blanketed with 25 centimetres of fresh snow.

We looked at each other, smiled and took off down Humpty Dumpty, an epic Black Diamond run. The snow was amazing and over each undulation it would engulf my whole body



PHOTO COURTESY OF DAVE NORONA

Dave Norona flies through the awesome spring powder snow at Cypress Mountain.

and I'd feel weightless.

Cypress has added more than 40 per cent of new terrain along with the new Raven Ridge Quad Chair, which will also host the 2010 Olympics Freestyle Skiing and Snowboarding events.

Until then we get to enjoy it all so get up there and experience it.

For more information visit [Cyrus at cypressmountain.com](http://Cyrus.at.cypressmountain.com).

Dave has travelled the world to challenge some of its toughest races. He has raced in over 400 events throughout his career, and hopes his passion will excite you to get involved in your own wild adventures. Visit www.noronalive.com for more info.

» gear guide

HELLY HANSEN VERGLAS JACKET

Description: Helly's Verglas jacket is ideal for all outdoor pursuits. Fully taped seams, water resistant zips, and super lightweight for great mobility. **Price:** \$450 **Where to find it:** www.hellyhansen.com



CAMELBAK HELLION PACK

Description: The perfect pack for spring skiing, touring or summer activities when the snow disappears. Three-litre hydration bladder, breathable mesh harness and tons of pockets for gear. **Price:** \$149 **Where to find it:** www.ogc.ca



Going Out Friday

clubs

7 P.M. Louis XIV: Indie rock band Louis XIV performs. At Richard's on Richards, 1036 Richards St. Tix: \$17.50. Info: timbreproductionsconcerts.com.

8:30 P.M. Ska-a-thon: Ska-boom, Los Furiros, and other ska bands perform. At Biltmore Cabaret, 395 Kingsway St. Tix: \$15. Info: skaspot.com.

9 P.M. Devils and Angels Fashion Show After Party: Show Attitude models attending, with DJs Wax and Black Ace. At Fabric, 66 Water St. Tix: \$20. Info: kooparty.com.

10 P.M. Psy Trance Organix Fridays: DJ Dani Savant plays trance music. At Club 23, 23 W Cordova St. Tix: \$6. Info: organixproductions.com.

comedy

6:30 P.M. Tony N' Tina's Wedding: An interactive mock Italian wedding ceremony followed by a dinner reception and dancing. Tonight and tomorrow at St. Andrew's-Wesley Church, 1012 Nelson St.

Tix: \$70 for adults, \$55 for students. Info: ticketmaster.ca.

8 P.M. Outspoken standup comic Margaret Cho performs with guest Liam Sullivan, aka YouTube's "Kelly." At the Queen Elizabeth Theatre, 600 Block Hamilton St. Tix: \$49.50 for adults, \$35.50 for students. Info: ticketmaster.ca.

9:30 P.M. Standup comedy performed by Peter Kellamis, an actor/comic/impressionist, and other comedians. At Lafflines Comedy Club, 26-4th St. New Westminster.

events

10 A.M. The 89th Vancouver International Auto Show begins, featuring more than 250,000 square feet of automotive manufacturer and supplier exhibits. At B.C. Place Stadium, 777 Pacific Blvd. Tix: \$12 for adults, \$10 for students. Info: bcautoshow.com.

6 P.M. An Uncomplicated Kindness: An evening with Miriam Toews, the author of the Governor General's Literary Award-winning novel, *A Complicated Kindness*. At UBC Robson Square, 800 Robson St. .

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