

Make sure you get out and enjoy the famous PNE this weekend and don't forget the mini donuts! The fest ends on Labour Day with a free concert by Spirit of the West. pne.ca

# West Coast Weekend

## Gear Guide

### Jet Boil Personal Cooking System

The Jet Boil personal cooking system is twice as fast and uses half the fuel of conventional stoves. You can make delicious meals super fast with this tiny system that weighs only 15 ounces!

Price range: \$120  
Where to find: jetboil.com



### Mountain Hardwear Women's UltraLamina 15

The UltraLamina 15 is an excellent choice for our damp and cold conditions. The women-specific cut increases insulation in the torso and footbox while dual side zips allow the user to sit up and read or cook while staying inside the bag.

Price range: \$239  
Where to find: mountainhardwear.com

## clubs

**FRI. 9 P.M.** DJs Steve Angello and Sebastian Ingrosso (Swedish House Mafia) spin house and electro. At Celebrities Night Club, 1022 Davie St. Tix: \$35. Info: celebritiesnightclub.com.

**FRI. 9 P.M.** Lobby Fridays two-year anniversary party, playing European, sultry, slamming house. At Ginger 62 Cocktail Den and Kitchen, 1219 Granville St. Tix: \$20. Info: ginger62.com.

**SAT. 8 P.M.** Sat. 8 p.m. All-Star DJ Series featuring DJ Jam, the official DJ of Snoop Dogg, Dr. Dre and DPG. At Plush Nightclub, 750 Pacific Blvd. Tix: \$16. Info: djjam.com.

**SAT. 9 P.M.** White Passion: Cirque Du Nuit, with DJs Johnny Omega and Linzy Luv spinning sexy house and Top 40. At the Canvas Lounge, 99 Powell

St. Tix: \$20. Info: canvaslounge.ca.  
**SUN. 8 P.M.** Recording artists !!! perform live with Handsome Furs. At Richard's on Richards, 1036 Richards St. Tix: \$20. Info: richardsonrichards.com.

**MON. 9 P.M.** R&B, soul singer Estelle live on stage with special guests. At the Commodore Ballroom, 868 Granville St. Info: hob.com.

## events

**FRI.-MON. 11 P.M. UNTIL LATE** The Fair At The PNE ends on Labour Day with a free performance by Spirit Of The West. It also features various other performances and more than 50 rides. Info: pne.ca/thefair.

**FRI.-MON. 10 A.M. TO 5 P.M.** Final chance to visit the UBC Museum of Anthropology before it



Dave Norona creates some chicken fajitas for dinner at his favorite Nitinaht Lake Camp Site.

# Backcountry camping on the long weekend

about Day weekend is one of the best weekends to get outside and enjoy some of the amazing provincial campgrounds just outside the Lower Mainland before work and school take over.

Here are a few ways you can do it.

Hiking or cycling into the

backcountry is a great way to sneak off the beaten path and discover a secret lake for swimming or fishing. You have to be a little more particular about what you bring since you must carry it on your

back but it is always

worth the effort.

Kayak camping allows you to carry more gear and ensures that you will have a nice quiet camping spot since there are fewer people doing it. Once you try kayak camping you will be hooked and set out to discover new secret coves and remote islands around B.C.

Car camping is the most popular and it is easy to bring along all the comforts of home, which is great for your first time out or if you have children. Make sure you book

WestCoastOutdoors

Dave Norona

noronalife.com

your campsite in advance as most provincial campsites usually sell out early during the long weekends.

However you enjoy this weekend, make sure you take it easy, drive safely and soak it all in. britishcolumbia.com

closes for six months of renovations. Special closing party on Labour Day to feature food, music and Korean drumming performance. Info: moa.ubc.ca.



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\*Based on quad occupancy in a 2 bedroom condo. \$399/person + taxes based on double occupancy in a 1 bedroom condo. Valid mid-week until Oct. 1, 2008.

Enjoy your spacious condo with a full kitchen, private hot tub, BBQ & fireplace.



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